



Community HEALTH

SPRING 2024



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Outgoing President's Message

Welcome to the spring edition of Community Health, our informative newsletter for the Jessie Trice Community Health System.

This is a very special edition, as it is my last as CEO and President of JTCHS. My time leading JTCHS has been an extraordinary chapter in my life. We worked hand in hand to continue providing the community with access to the best quality and accessible health services. We also worked together tackling a wide array of healthcare challenges and emerging stronger after each one. From team members, partners, to stakeholders, and especially the resilient and inspiring patients we have the privilege of serving, every single one of you was instrumental in this remarkable journey. Our shared vision, paired with relentless hard work, became the formula for the thriving health community that JTCHS has become today.

It has been a joy serving the community and serving you. The best is yet to come.

Annie Neasman, RN, MS

Top News



Annie R. Neasman Training and Research Annex: Building Healthier Communities

“Research improves services and treatments for the present as well as the future” is a quote from our beloved Ms. Annie Neasman, who boasts over 40 years of invaluable experience in the healthcare service industry. Ms. Neasman has played a pivotal role in developing public health programs and initiatives that address health disparities and promote better health outcomes. To honor her legacy as she retires this year, the Jessie Trice Community Health Foundation have partnered with health care providers to launch the **Annie R. Neasman Training and Research Annex.**

At its core, the Annex embodies a spirit of unity. Through the training of medical professionals in community healthcare, a focus on the fields of medical research, and community advocacy, it aims to advance healthcare in underserved communities.

The launch of the Annie R. Neasman Training and Research Annex marks a significant milestone in our ongoing commitment to addressing healthcare disparities and promoting health equity in underserved communities. The official launch of the Annex will take place during the Annie R. Neasman retirement celebration set to take place on April 27 at the Mandarin Oriental on Brickell Key Drive, Miami. For more information, visit AnnieNeasmanLegacy.com.

Minority Health Month



National Minority Health Month (NMHM), observed in April, raises awareness of health disparities affecting minority communities disproportionately. Previous themes included “Better Health through Better Understanding” (2023), emphasizing the importance of health literacy, and “Give Your Community a Boost!” (2022), focusing on the continued importance of COVID-19 vaccinations. In 2021, “#VaccineReady” highlighted the importance of vaccination during the pandemic. The 2020 theme, “Active and Healthy,” promoted physical and mental wellness. This year’s theme is yet to be announced.

Black Maternal Health Week

Black Maternal Health Week observed from **April 1 to 17** highlights the urgent need to address disparities in Black maternal health. This year’s theme is **“Our Bodies STILL Belong to Us: Reproductive Justice NOW!”**, bringing the spotlight to the social and political issues that continue widening the gaps of adverse maternal and birth outcomes in the U.S.

According to the Centers for Disease Control and Prevention (CDC), Black women are nearly three times more likely to die from pregnancy-related causes compared to White women. These disparities stem from various factors, including differences in access to quality healthcare, underlying chronic conditions, structural racism, and implicit bias.

As we mark BMHW, JTCHS reaffirms its commitment to ensuring equitable access to healthcare services and to fostering safer and healthier outcomes for all.

Source: <https://www.cdc.gov/healthequity/features/maternal-mortality/index.html>



Mental Health Matters



May is Mental Health Awareness Month! This month-long observance is dedicated to raising awareness about mental health and reducing the stigma surrounding mental illness.

Mental health is an important part of overall health and well-being. It includes emotional, psychological, and social well-being and affects how we think, feel, act, make choices, and relate to others. According to the Centers for Disease Control and Prevention (CDC), more than 1 in 5 U.S. adults live with a mental illness.

Mental health disorders include anxiety, depression, seasonal affective disorder, or more serious illnesses as bipolar disorder, major depression, schizophrenia, post-traumatic stress disorder (PTSD), and more. Unfortunately, many individuals with mental illness do not receive the services they need. Treatment typically involves therapy, medication, or a combination of both.

JTCHS outpatient mental health program provides evidence – based, state of the art treatment for anxiety and depressive disorders. From counseling to therapy and specialized interventions, our dedicated team is here to support you on your journey to mental wellness.

If you or your loved ones are struggling or in crisis, help is available. SAMHSA’s National Helpline is a free, confidential, 24/7, 365-days-a-year . Call or text 988 or chat 988lifeline.org. In addition, to learn more about JTCHS behavioral health services and to schedule an appointment, please call 305-637-6400 or

Spotlight: Janet Nichols, LCSW, CAP

Janet Nichols, LCSW, CAP, is a seasoned Licensed Clinical Social Worker. Certified as an Addiction Professional, she boasts over 23 years of experience in substance abuse and HIV treatment, coupled with over 15 years of leadership and management roles. Janet holds an MSW from Florida International University, specializing in Mental Health, Substance Abuse, and Child Welfare. Ms. Nichols and the JTCHS Behavioral and Mental Health team are here for you.



Upcoming Events

Annie R. Neasman - Celebrating A Legacy of Service : Join us in celebrating the retirement of our beloved Annie R. Neasman, RN, M.S. The event is set to take place on Saturday, April 27, 2024, from 5 to 11 p.m. at the Mandarin Oriental, Miami, located at 500 Brickell Key Drive, Miami, FL 33131. This celebration will serve to recognize Ms. Neasman's many achievements and successes in the health care industry over the past four decades. For more information, visit AnnieNeasmanLegacy.com. AnnieNeasmanLegacy.com

Virtual Breastfeeding Café: Join new and expectant moms for an insightful session on breastfeeding and lactation, featuring tips, Q&A, and professional support. Presented by JTCHS Breastfeeding Touchpoint Program & FDOH Miami-Dade WIC Program. For more information on upcoming meeting dates and resources, visit <https://linktr.ee/jtcbreastfeeding> Neasman Teaching and Research Annex campaign. Stay tuned for more information.

Visit us at one of these key locations:

JTCHS – Dr. Fatima Zafar Center
5361 NW 22nd Avenue
Miami, Florida 33142

JTCHS – Dental Health Center
5607 NW 27th Avenue, Suite 2
Miami, Florida 33142

Barbara J. Jordan Community Health & Wellness Center
20612 NW 27th Avenue,
Miami Gardens, Florida 33056

JTCHS – Children's Wellness Center
1190 NW 95th Street
Suite 304
Miami, Florida 33150

JTCHS – Flamingo Center
901 E. 10th Avenue
Bay 39
Hialeah, Florida 33010

JTCHS – Florida Memorial Univ.
15800 NW 42nd Avenue
Miami Gardens, Florida 33054

Frederica Wilson/ Juanita Mann Health Center
2520 NW 75th Street
Miami, Florida 33147

Jefferson Reaves House Women's Residential
2985 NW 54th Street
Miami, Florida 33142

JTCHS – Opa-Locka Children's Wellness Center
490 Opa-Locka Boulevard
Opa-Locka, Florida 33054

JTCHS – Women's Health Center
1190 NW 95th Street
Suite 100-102
Miami, Florida 33150

Services to be discontinued at our Lotus Village location

Later this summer, the clinical operations at the Lotus Village Facility will come to an end. As we move forward, know that our commitment to providing affordable and accessible quality healthcare to the community we serve remains steadfast. Together, we can overcome any challenge and continue to make a positive impact on the health and well-being of our community.

The Jessie Trice Community Health System, Inc (JTCHS) is one of Miami-Dade County's preeminent federally qualified community healthcare centers, governed by a remarkably dedicated Board of Directors (51% of which are users of the medical and dental services) and a diverse, incredibly talented, committed family of providers and staff. The 1st Federally Qualified Health Center in the state and 5th in the nation, Jessie Trice Community Health System, Inc. is a Florida 501 (c) 3, not-for-profit organization that has been serving Miami-Dade County since 1967. JTCHS served its first patients from a trailer. Now, more than fifty four (55) years after its founding, JTCHS owns and operates nine (9) Comprehensive Primary Care centers, a 40 bed Women's Residential Center for substance use, and are located in one (1) university and forty (40) school-based health suites. JTCHS knows and specializes in comprehensive health, offering a myriad of services to improve the health of the community. This includes: dentistry, family medicine, nutrition, HIV/AIDS, behavioral health, transportation, healthy start, obstetric & gynecological care, school-based health, community health promotions, health & wellness center, pediatrics, and ancillary services.

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